

beauty

Hang loose

Not an updo kinda gal but still want a glam look for your wedding day? We've got great loose looks that will turn heads without fluffing up your locks

BY CANDICE TEHINI. PHOTOGRAPHY BY HUISMAN PHOTO

“Use a silicone spray when you flat iron your hair to get a sleek, straight look,” says stylist Sam Scarborough

Soft curls

Beautiful flowing curls are feminine and elegant. “Curls can be worn down or loosely pinned back on one side of your head with a beautiful flower or vintage brooch,” says Cindy-Lee Bailey, stylist at Terenzo Hairdressing International. This style is amazing for the bride who doesn’t want to pin up her locks but still wants the elegance offered by an up-style.

HOWTO: Bailey recommends achieving this style by using a blow-dry styling aid to help volumise and protect your hair, and then creating the curls with a flat iron or curling wand. Simply divide your hair into sections, starting at the nape of your neck and working upward towards your crown. Wrap your hair around the curling iron, starting at your roots and ending by wrapping your ends around the wand. Spray each section with hairspray for extra hold. All curls should be done in the same direction to achieve a uniform look.



Hold the curling wand or iron horizontally to your shoulders to create the same type of curl throughout your hair.

TOOL KIT:

- Kadus Professional Curl Definer Conditioning Lotion, R148, creates instant bounce and elasticity for curls.
- Redken Forceful 23, R339, is a great hairspray that will help keep your curls from dropping or fluffing.
- Veaudry My Curl, R1 790, creates perfect curls and waves, and is so easy to use.



Geometric open-backed wedding dress, White Lilly Bridal. Statement Fleur embellished headband, R270, Lovisa.

Straight hair

You might think dead straight hair is boring and just doesn’t have enough glam factor for bridal hair – but you’d be mistaken. Straight styles work beautifully on shorter length hair and look clean, pretty and stylish. If you want something with a bit more oomph, go for a bold colour. Too permanent? A gorgeous fascinator, tiara or sparkling clip can glam up any do.

HOWTO: Make sure your hair is in good condition and give it a trim a few weeks before your big day. When styling it, make sure you blow-dry it to give it some movement, and then run an iron along it to prevent any frizz. This is double-trouble when it comes to heat damage, so make sure you use a heat

protection spray. Finish off the hair with a smoothing serum and shine spray.



Don’t go too crazy with the serum near your roots as you don’t want your hair to look oily.

TOOL KIT:

- Label.m Blow Out Spray, R255, adds volume to limp hair and protects against heat damage.
- Davines More Inside This Is A Shimmering Mist, R250, adds a gentle shimmer to glam up any style.
- Sebastian Taming Elixir, R395, is a hydrating, frizz-taming, smoothing serum to help tame your mane.

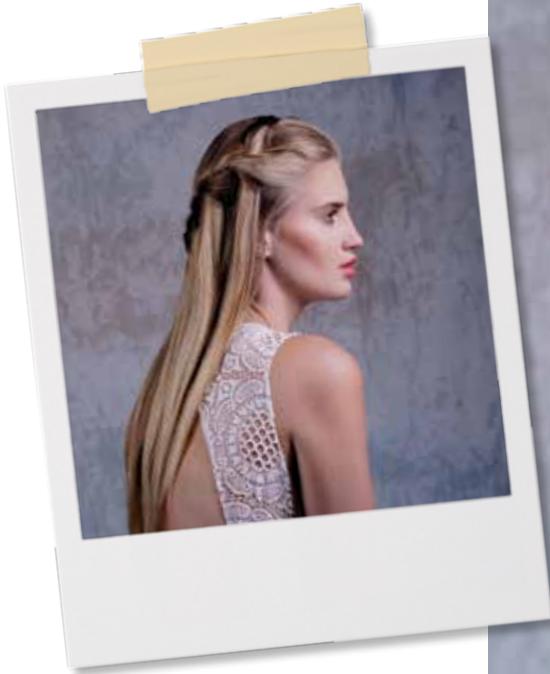
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Flowing textured waves

Natural waves that give your hair texture and movement are the perfect look for the more relaxed bride, or for an outdoors wedding – especially at the beach. “It’s a soft, fun hairstyle that is versatile and can be tailored to match your personality,” says Bailey. This style is also really great for medium length hair. It can be worn with a thick fringe braid to keep the hair off your face, in a middle parting, side parting, or with half of your hair pinned back with a beautiful brooch or clip.

“Set your hair first, and then backcomb to create volume,” recommends Sam Scarborough

Beaded illusion neckline wedding dress, White Lilly Bridal. Diamante head chain, R190, Lovisa.



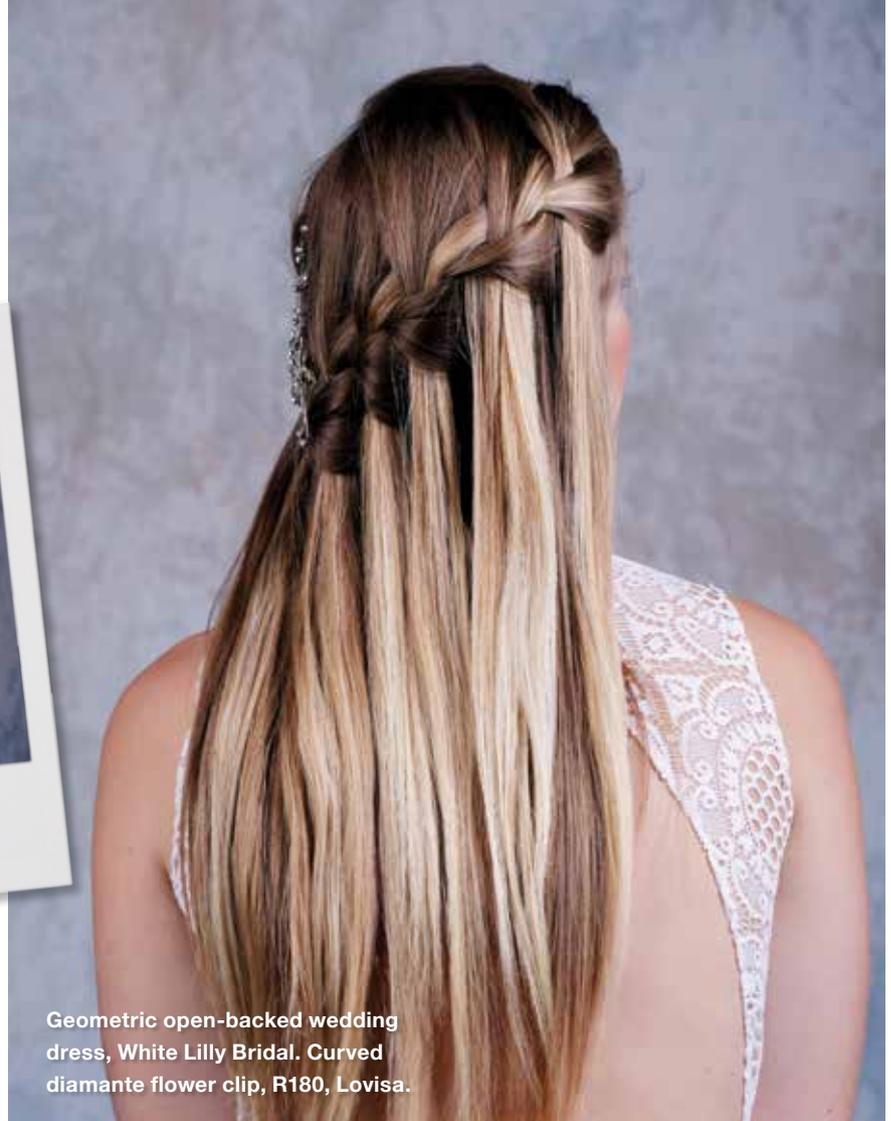
HOWTO: The waves can be achieved with a curling wand. Use a medium heat and the bigger section on the curling wand for looser waves – the smaller the barrel section, the tighter the wave. Part your hair down the middle and then curl each parting away from your face. Keep your wand vertical to get a looser wave, and keep the tip of the wand facing down. As always, start at the nape of your neck and work up towards your crown. Always use a heat protection product, and finish off with a texturising spray and a lightweight, fast-drying hairspray.



After the waves have been created, apply a drop of hair oil through the ends of your hair to prevent it from appearing dry and to add shine.

TOOL KIT:

- Redken Iron Shape 11, R316, will help protect your hair from the effects of heat styling.
- Sebastian Texturizer, R273, is a flexible liquid gel that offers your hair body as well as workable and strand-defining texture.
- L'Oréal Professionnel Fix Anti-Frizz Hairspray, R285, will lock your style in place and prevent hair from frizzing.



Geometric open-backed wedding dress, White Lilly Bridal. Curved diamante flower clip, R180, Lovisa.

Waterfall braid

“The waterfall braid is a simple braid but really beautiful when executed well. This braid is a nice look when you want your hair to be pulled away from your face, but is still soft and feminine,” says Gaby Kriel, a stylist at Tanaz.

HOWTO: Start on one side of your head, above your ear. Take a section of hair and divide it into three sections, as you would for a normal braid. Start the braid by crossing over each section of hair once, then drop the bottom strand of hair and pick up a new strand on top of the braid. Repeat this process until you get to the other side, where you can either clip the braid, or continue braiding that strand all the way down to hang loose. This braid looks beautiful when paired with curls.



Do the braid first and then curl the loose hair

afterwards. You can also gently pull the braid apart to loosen it and soften the look.

TOOL KIT:

- Kardashian Beauty Twirl Me Curl-defining Cream-gel, R395, is a light-hold styling cream that controls frizz while helping to tame, shape and define curls and waves into perfectly controlled styles.
- Wella Professionals Shimmer Delight, R259, is a shine spray which reveals the natural lustre of your finished style with a shine that lightly shimmers.
- Kiehl's Heat-Protective Silk-Straightening Cream, R725, is formulated especially for wavy, frizzy, or curly hair in need of smoothing – it helps smooth out hair and tame frizz without weighing hair down.



Blush beaded wedding dress, White Lilly Bridal. Vintage diamante flower comb, R170, Lovisa.



Volume locks

"The latest trend in bridal hair is loose flowy hair. Stiff elaborate updos are officially a thing of the past," says stylist and owner of VNH, Vincent Horak, who recommends his brides use a few clip-in hair extensions to amplify their hair's volume and length.

HOWTO: Spend some time with your hairdresser discussing exactly what you want from your extensions. You can opt for the temporary clip in versions which are great for one-day-only looks and require minimal time in the salon chair, or go for a more permanent bonded version. If you're not a fan of bonds, which can become tatty after a while, then say hello to the new tape versions, which are also reusable. If you are going for a more permanent solution it's worthwhile investigating what will work best for your lifestyle and budget. Your style options are endless as, with your extra locks, you can create any curl, wave or style that your heart desires.

WZ tip Subtle hair jewellery or accessories, even a braid, can amp up your style even more without taking away from your luscious hair.

Half up with soft curls

Keep the hair out of your face but still let your locks gently cascade over your shoulders with this half-up-half-down look. "This is suitable for the bride who wants a more structured look with tighter curls, but who still wants femininity and elegance," says Bailey.

HOWTO: To get smooth curls, blow-dry or iron your hair before you curl. Remember to apply a heat protection spray before you start and then follow with a heat styling product. Once your hair has been ironed, use a bit of hairspray at the crown and tease your hair for some added volume. Start curling your hair with a wand or iron, curling each section in the same direction. Once your hair is curled, gather up the top half of your hair from just above your ears and secure it in a

pony in the middle of your head. Take a piece of hair and wrap it around the elastic band to polish the look.

WZ tip Start curling about 4cm below the root for a smoother finish.

TOOL KIT:

- Sebastian Thickefy Foam, R395, is a weightless thickener that offers volume without weighing down your hair.
- Redken Hot Sets 22, R292, is a thermal protection spray that offers long-lasting control, adds shine and protects from heat styling damage.
- Kiehl's Silk Groom Serum, R315, is an ultra-light and non-greasy serum that tames frizzy and rebellious hair for a groomed look with a glossy shine.

TOOL KIT:

- NicciG Clip-in Hair Extensions have been designed to be the ultimate luxury clip-in hair extensions on the market and are sold only in top hair salons. They come in a selection of widths, lengths and colours. For a salon near you visit niccig.co.za.
- Easihair Pro offers a semi-permanent extension option – the tape extensions come in a variety of shades and lengths and don't leave tell-tale signs showing where they are joined to your hair. Find a salon near you by visiting easihairpro.com or by calling 021 511 5868.
- Kardashian Beauty Hot Hair Wavy Extensions Loose Waves (Khloé), R2 295, are synthetic clip-in extensions that can be curled and straightened. The first one-piece, whole-head system that clips in in seconds. For info visit glamit.co.za.

Subtle hair jewellery or accessories, even a braid, can amp up your style even more without taking away from your luscious hair

Blush beaded wedding dress, White Lilly Bridal. Delicate diamante headpiece, R230, Lovisa.

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